

KEEP YOUR DISTANCE FROM THE

Centre intégré
de santé
et de services sociaux
de l'Outaouais

Québec 

2016 Immunization Clinics Vallée-de-la-Gatineau

Blue Sea	Salle municipale, 10 Principale Street
	Thursday November 17, 2016 9 a.m. to 11:30 a.m.
Bouchette	Salle municipale, 36 Principale Street
	Thursday November 17, 2016 1:30 p.m. to 3 p.m.
Cayamant	Salle communautaire, 6 Lachapelle Street
	Tuesday November 22, 2016 1:30 p.m. to 3 p.m.
Low	Salle Héritage, 4A D'Amour Road
	Friday November 18, 2016 1:30 p.m. to 4 p.m. 5:30 p.m. to 8 p.m.
Denholm	Salle communautaire, 419 Poisson-Blanc Road
	Wednesday November 16, 2016 9 a.m. to 12 p.m.
Gracefield	Salle communautaire, 3 de la Polyvalente Street
	Friday November 4, 2016 1:30 p.m. to 4 p.m. 5:30 p.m. to 8 p.m.
	Tuesday November 15, 2016 8:30 a.m. to 11:30 a.m. 1 p.m. to 3 p.m.
	Tuesday November 22, 2016 8:30 a.m. to 11:30 a.m.
Kazabazua	Bibliothèque, 373 route 105
	Wednesday November 3, 2016 1:30 p.m. to 3: p.m.
Lac Sainte-Marie	Salle d'Âge d'Or, 106 Lac-Sainte-Marie Road
	Wednesday November 9, 2016 9 a.m. to 11:30 a.m.

OVER



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GET VACCINATED IF YOU LIVE WITH A CHRONIC ILLNESS

like diabetes, an immune disorder or a cardiovascular, respiratory or kidney disease.

INFLUENZA VACCINE

Available free of charge to:

- ✓ Persons 60 years and older
- ✓ Healthy children 6 to 23 months of age, inclusive
- ✓ Children and teens (under age 18) on long-term acetylsalicylic acid (ASA) treatment
- ✓ Persons with a condition requiring regular medical follow-up or hospital care, such as heart disease, lung disease, respiratory problems or chronic health conditions
- ✓ Pregnant women with any of the above conditions (at any stage of pregnancy)
- ✓ Healthy pregnant women in their 2nd or 3rd trimester
- ✓ Persons likely to transmit influenza to people with a high risk of complications, such as health care workers, day care workers and people who live with or care for at-risk persons or children under 6 months of age

PNEUMOCOCCAL VACCINE

Available free of charge to:

Pneumococcal vaccine 23 (Pneu-P-23) is available for:

- ✓ Persons 65 years and older
- ✓ Persons 2 to 64 years of age at high risk of pneumococcal infection, such as persons with a suppressed immune system, chronic kidney failure, asplenia or a chronic condition or disease

For a **schedule of all immunization clinics** in the Outaouais region, please visit our **website** at www.santeoutaouais.qc.ca/en/home or call the **toll-free flu info line (Info-Grippe)** at **1-844-351-6277**

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